



Joey Mob Program Planner

Attendance:

/

Attendees / Total

Theme	The Year of Water	Meeting		Date	
--------------	-------------------	----------------	--	-------------	--

Time	Activity	Leader	Equipment Required etc.
0.00	Opening parade:		Flag
0.05	Game: Charlie over the Water		Nil
0.10	Activity: The Incredible Dry Finger		Cups, baby powder, water.
0.15	Game: Over and Under		Sponges, bucket of water.
0.25	Story: Water – Don't Waste a Drop		Some facts and information
0.30	Game: Fill the bottle		Sponges, bucket water, food colouring, soft drink bottle.
0.35	Activity: Science: Floating and sinking		Clear plastic container, water, vinegar, baking soda, food colouring and items.
0.45	Game: Catch the Balloons		Water balloons
0.50	Game: The Rain		Nil
0.55	Closing parade:		Flag, Prayer, notes

General Comments

Coming in activity: Bubbles

Birthdays:

Next week:

Notes:

Coming in Activity: Bubbles

Equipment: Recycled containers, old Maccas cups (bottoms cut off), the milk container handle blowers, even yogurt containers with the bottom cut off work.

Method: Bubble solution: I have found the one that works for me: I mix up in a 3L milk container, 1L of the earth choice dishwashing liquid, 100ml of glucose (A little cheaper than glycerin) and fill with water). Put out with blowers, parents to supervise.

Game: Charlie over the Water

Equipment: Nil

Method: JS in a circle, holding hands. One JS is in the centre of the circle and is Charlie. JSs say the rhyme:

Charlie over the water
Charlie over the sea
Charlie caught a fish
But he can't catch ME?

On "ME" the JSs drop hands and run away as Charlie tries to catch one of them. Repeat.

Activity: The Incredible Dry Finger

Equipment: Glass/cup per JS or per pair, baby powder and water.

Method: Fill a glass halfway with water and sprinkle a thick layer of baby powder on top. Slowly stick your finger down into the water. Lift your finger straight up out of the glass. Incredible it's dry!

Game: Over and Under

Equipment: Sponges and a bucket of water.

Method: In relay form, JSs pass the sponge over and under to the end of the line and the last JS brings the sponge to the front of the line dips the sponge in the bucket and passes it over and it goes back down the line. Repeat.

Story: Water – Don't Waste a Drop

Equipment: Some facts and information

Method: It's a good idea when talking to JSs to see what they know first! You may be surprised to learn how much or how little they know about the necessity of Water.

It's the Year of Water.....why is water so important? A few facts.....

3.575 Million People die each year from a water related disease.

887 Million people lack access to clean water

780 million people lack access to an improved water source; approximately one in nine people.

3.41 million people die each year from water, sanitation and hygiene-related causes each year.

The water and sanitation crisis claims more lives through disease than any war claims through guns.

An American taking a five-minute shower uses more water than the average person in a developing country slum uses for an entire day.

What can we do to protect our Water supply here in Australia?

JSs should come up with some of the following or you can prompt. Make sure we put our rubbish in the right place. Don't pour oils down the sink. We can shower for less time so we don't waste our water. Fix leaky taps straight away.

Sydney Water runs a program for schools I have attached 2 of the posters for your use but check out the website as it may have changed since this was written and with it being the Year of Water may have some new items.

The following two posters are from: <http://www.sydneywater.com.au/Publications/Posters.cfm>

10 easy ways to save water in your home

Households use 70 per cent of the water consumed in Sydney, Illawarra and the Blue Mountains, and around two thirds of this is used indoors. Saving water has never been so easy.



1 **Drinking water**
Keep a container of drinking water in the fridge so that you don't run water down the plughole waiting for the water to cool.



2 **Thawing frozen foods**
Thaw frozen foods in the fridge or microwave rather than placing them under running water.

3 **Washing vegetables**
Save water by washing vegetables and rinsing dishes in a plugged sink or basin – not under a running tap.

4 **Cooking vegetables**
Microwave, steam or use a pressure cooker to cook vegetables, to retain more flavour and use less water than traditional boiling.



5 **Washing**
Wait for a full load of washing before reaching for the detergent so every load less saves 17 buckets of water.

6 **Bathroom**
Put a plug in the sink when shaving rather than rinsing your razor under running water.



7 **Shorter showers**
Take shorter showers. Every minute less in the shower saves one bucket of water.

8 **Install a water saving showerhead**
Consider installing a AAA rated water saving showerhead and save on water and energy costs.

9 **Half flush toilet**
Use the half flush and save up to four buckets of water per day.

10 **Repair leaking toilets**
Check for leaks in your toilet by adding food dye to the cistern. If colour appears in the bowl within half an hour it is time to do some DIY or call a qualified plumber.

10 easy ways to save water in your garden



1 Plant selection
Before buying plants log onto our plant selector at www.sydneywater.com.au to find out which plants are most compatible with the climate and soil in your area.

2 Planting new garden beds
Group plants with similar watering needs together as this helps ensure they all receive the correct amount of water.

3 Watering efficiently
Use watering cans or trigger nozzles on hoses so that you water only those areas that need it.

4 Watering your plants
Water the base of plants, not the leaves. Check how quickly the soil absorbs the water before it runs off.

5 Watering your lawn
Check if your lawn needs to be watered by walking on it. If an impression of your foot remains it needs water.

6 Mulching
Applying a layer of mulch at a depth of 7 – 10 cm around plants will reduce water evaporation by up to 70 per cent.



7 Washing your car
Wash your car on the lawn so that you water and fertilise the grass at the same time. Car shampoos use phosphates that are similar to many fertilisers.

8 Cleaning
Always use a broom or rake rather than a hose to clear driveways and pathways of debris.

9 Water crystals
Add water crystals to soil to enhance water retention by up to 40 per cent.

10 Weeding
Remove weeds as soon as they spring up – they not only shelter pests and diseases but are notorious water thieves too.



Printed on recycled paper
15714 07106

Water for Life

Approved by the NEW GOVERNMENT 

Game: Fill the bottle

Equipment: sponges, bucket water food colouring, soft drink bottle

Method: JSs in relay formation, each team has a sponge, a bucket of coloured water and a soft drink bottle placed at a distance from the team. JSs take turns to load up the sponge with water, run down to the bottle and squeeze the water into the bottle. First to fill the bottle wins. Please make sure the water goes to the garden and is not wasted.

Activity: Science Floating and sinking

Equipment: Clear plastic container, water, vinegar, baking soda, food colouring, items

Method: Almost fill the container with 3 parts water and one part vinegar. Be sure to leave enough room at the top of the container. Slowly add one teaspoon of baking soda, very slowly! Too much at one time and it will all bubble over the top. Have a towel handy if the JSs are adding the baking soda. When the bubbles settle down, add a few drops of food colouring. Notice the liquid is moving and quickly mixes in the colour. Now comes the fun part. Find some interesting items (raisins, rice, dried fruit or vegetables, broken bits of spaghetti, pieces of fruit, grapes cut in half). Will the items float or sink? Drop in a few of the first item. Usually they will sink to the bottom. Wait a few minutes and then they will rise to the surface, then sink again. Rice almost seemed to dance. It is fun to watch, if movement seems to be slowing down, add another teaspoon of baking soda.

Watch items sink to the bottom, and then float back up. Some even do a dance!

Game: Catch the Balloons

Equipment: Water balloons

Method: JSs in a circle. JSs pass the balloon filled with water around the circle.

Song: The Rain

Equipment: Nil

Method: Start by Rub hands, then progress to finger snapping, thigh slapping and feet stomping then all the way back as the rain moves on.

Some other "rain" Songs could include the following nursery rhymes.

Rain, rain, go away
Come again some other day
All us Joey Scouts want to go outside and play
So come again some other day.

It's raining, it's pouring
The old man is snoring
He went to bed
And he bumped his head
And he couldn't get up in the morning.